



Tameside College

HNC in Sport and Coaching Science



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What is a HNC programme?

The Higher National Certificate or HNC is a Level 4 industry specific qualification that is nationally recognised by employers and universities.

It equates to 120 credits and is the equivalent to Year 1 of a degree programme.

Benefits:

- Academic skills programme runs alongside your studies to support your success
- You sign up for one year only; you do not have to commit to a three year programme
- You can progress to a Higher National Diploma or HND (Level 5, or Year 2 of a university degree programme) on successful completion of the HNC
- If you choose to, you can then apply to the 3rd year of a degree programme at a university of your choice, within the subject specialism studied



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What will you study?

- For full time, you will study 8 units across 1 academic year. Examples of these units are listed below (*subject to change*)
- For each unit you will have approx. 2 assessments
- Each unit is taught by a subject specialist
- Small class sizes allow you to be fully supported and involved

Technology in Sport

Professional Skills

Physical Activity & Lifestyle

Fitness Testing & Training

Coaching Practice

Sports Psychology

Nutrition for Sport & Exercise

Anatomy & Physiology



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Entry requirements

- 2 x A Levels – CC
- BTEC Level 3 Extended Diploma or BTEC National Diploma – MMM
- BTEC Level 3 Diploma or BTEC National Certificate – DM
- BTEC 90 Credit Diploma – D*D
- Other Level 3 equivalent qualifications will be considered via application College direct and interview.
- Minimum of 64 UCAS points
- You must have 5 GCSE's at grade A-C / 9-5 including maths or English (Level 2 Functional Skills may be considered)

We encourage adult learner applications and they will be considered outside of the above academic qualifications via application and interview. Industry qualifications and experience will be beneficial.



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How is the HNC funded?

All HE qualifications are funded through Student Finance England

Simply log onto the link below and start to make a new application:

<https://www.gov.uk/student-finance-register-login>

You will be given information on what you can expect to be awarded with the quick calculation checker tool on the page.

If you have dependents, these will be taken into account when calculating your loan.



student finance england



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What next?

For more information, and to make an application to us, simply visit our website:

https://www.tameside.ac.uk/pages/course_info.aspx?x=175322

Once we receive your application, our friendly admissions team will get in touch and support you through the process.

If you have any further questions about the course, you can email your course leader directly on Karin.Sykes@tameside.ac.uk



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